



# THE GREAT BUCKET LIST CYCLE

P R E S E N T E D   B Y   A R C H   H O S P I C E

08.24.2025 | St. Joseph Island  
[www.archhospice.ca/cycle](http://www.archhospice.ca/cycle)

---

4 ROUTES TO CHOOSE FROM  
**100K. 70K. 40K. 20K.**

---

## WANT AN EVEN BIGGER CHALLENGE?

Take on the 8-hour Superfly Racing Mountain Bike Ride on August 23rd!

---

We would like to thank **Catalyst Fitness & Nutrition** who will be matching the first \$10,000 in pledges! Support a rider or donate at [www.archhospice.ca/cycle](http://www.archhospice.ca/cycle)!

